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8 September 2026

To: Directors General of Civil Aviation and National Coordinators of COSCAP Southeast Asia Member States.

Subject: Invitation to COSCAP-SEA & EASA Flight Time Limitation / Fatigue Risk Management Systems (FTL/FRMS) for Civil Aviation Authorities and Operators Workshop.

Dear Sir/Madam,

ICAO COSCAP-SEA is pleased to invite your organization to nominate suitable representatives to participate in the Flight Operations – Fatigue Management and Fatigue Risk Management Systems (FTL/FRMS) workshop, to be delivered in collaboration with European Union Aviation Safety Agency (EASA) from 26 to 28 October 2026 in Bangkok, Thailand.

Fatigue remains an important operational safety risk, with potential impacts on alertness, decision-making, performance and the ability of flight crew to respond effectively to operational demands. Effective fatigue management therefore forms an important component of robust safety management and risk-based approach to flight operations.

The workshop is designed to provide a practical understanding of contemporary fatigue-management approaches, including the relationship between prescriptive Flight Time Limitations (FTL), Safety Management Systems (SMS) and FRMS. Particular emphasis will be placed on the practical application, oversight and continuous improvement of fatigue-risk controls, drawing on EASA's regulatory and operational experience.

The workshop will be of particular value to Civil Aviation Authorities, by strengthening their capability to regulate, assess and oversee operators' fatigue-management arrangements and to apply risk-based approaches to surveillance. For operators, the course will provide practical insight into identifying and assessing fatigue hazards, using operational and fatigue-related data, developing effective mitigation measures and, where appropriate, establishing and maintaining an FRMS.

The workshop will also provide an opportunity for CAAs and operators from across Southeast Asia to **exchange experience and develop a common understanding of effective fatigue-risk management**, thereby supporting more consistent approaches to fatigue management within the region.

Target Participants

The workshop is intended for personnel from both Civil Aviation Authorities and operators, including:

- **CAAs:** Flight Operations Inspectors, Flight Standards personnel, Safety Management specialists and personnel responsible for fatigue-management oversight; and

- **Operators:** Flight Operations Managers, Chief Pilots, Safety Managers, crew scheduling/rostering personnel, FRMS/Fatigue Management personnel and other personnel involved in flight-crew fatigue management.

We would appreciate your support in identifying and nominating suitably qualified personnel to participate in this important regional capacity-building activity. Detailed course information, including the objectives, eligibility criteria and nomination procedures, is provided in the attached course information sheet.

The completed registration form (Attachment B) should be submitted to COSCAP-SEA Office no later than **9 October 2026** to facilitate the necessary administrative arrangements.

We look forward to the participation of your organization and to another valuable exchange of experience among the aviation safety professionals of the Southeast Asia Region.

Yours sincerely,



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