







## RECOMMENDED MASKS

COVERING/MASK	Efficiency at filtering Large Droplets	Efficiency at filtering Aerosols	Use in Aviation
 <p><b>Medical respirators</b> e.g. N95, N99, FFP2 or FFP3 masks</p>	99.9%	95%	Not routinely recommended, unless required by national health authorities. For use in healthcare and other occupational settings
 <p><b>Medical/surgical masks</b></p>	98.5%	89.5%	Recommended
 <p><b>Non-medical/fabric masks</b></p>	99.5%	82%	Recommended 3 layers in accordance with WHO specifications

## NOT RECOMMENDED MASKS

 <p><b>Tea Towel or Dishcloth</b></p>	98%	72.5%	Not Recommended
 <p><b>100% Cotton T-shirt</b></p>	97%	51%	Not Recommended
 <p><b>Silk or Lace</b></p>	56%	54%	Not Recommended
 <p><b>Scarf or Bandana</b></p>	44%	49%	Not Recommended
 <p><b>Masks with Built-in Valve or Vent</b></p>	90%	90%	Not allowed due to risk of transmitting the virus

Based on Source: Democritus University of Thrace; Duke University; Journal of Hospital Infection; Public Health England; University of Chicago; University of Illinois at Urbana-Champaign

# HOW TO SELECT, WEAR, AND CLEAN YOUR MASK

## **DO** choose masks that:



## **DO NOT** choose masks that:



Have exhalation valves or vents, which allow virus particles to escape



## **Gaiters & Face Shields**



Not recommended, unless worn with a mask



## **Special Situations: Children**

If you are able, find a mask that is made for children

If you can't find a mask made for children, check to be sure the mask fits snugly over the nose and mouth and under the chin



## **Special Situations: Glasses**

If you wear glasses, find a mask that fits closely over your nose or one that has a nose wire to limit fogging



Do not put on children younger than 5 years old or the age specified by the national public health authority.

## DO wear a mask that:

- Covers your nose and mouth and secure it under your chin
- Fits snugly against the sides of your face

For more information, visit our [How to Wear Masks](#) web page.



## How NOT to wear a mask:



Around your neck



On your forehead



Under your nose



Only on your nose



On your chin



Dangling from one ear



## How to take off a mask:

1



Carefully, untie the strings behind your head or stretch the ear loops

2



Handle only by the ear loops or ties

3



Fold outside corners together

4



Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing