









RECOMMENDED MASKS

COVERING/MASK	Efficiency at filtering Large Droplets	Efficiency at filtering Aerosols	Use in Aviation
 <p>Medical respirators e.g. N95, N99, FFP2 or FFP3 masks</p>	99.9%	95%	Not routinely recommended, unless required by national health authorities. For use in healthcare and other occupational settings
 <p>Medical/surgical masks</p>	98.5%	89.5%	Recommended
 <p>Non-medical/fabric masks</p>	99.5%	82%	Recommended 3 layers in accordance with WHO specifications

NOT RECOMMENDED MASKS

 <p>Tea Towel or Dishcloth</p>	98%	72.5%	Not Recommended
 <p>100% Cotton T-shirt</p>	97%	51%	Not Recommended
 <p>Silk or Lace</p>	56%	54%	Not Recommended
 <p>Scarf or Bandana</p>	44%	49%	Not Recommended
 <p>Masks with Built-in Valve or Vent</p>	90%	90%	Not allowed due to risk of transmitting the virus

Based on Source: Democritus University of Thrace; Duke University; Journal of Hospital Infection; Public Health England; University of Chicago; University of Illinois at Urbana-Champaign

HOW TO SELECT, WEAR, AND CLEAN YOUR MASK

DO choose masks that:



DO NOT choose masks that:



Have exhalation valves or vents, which allow virus particles to escape



Gaiters & Face Shields



Not recommended, unless worn with a mask



Special Situations: Children

If you are able, find a mask that is made for children

If you can't find a mask made for children, check to be sure the mask fits snugly over the nose and mouth and under the chin



Special Situations: Glasses

If you wear glasses, find a mask that fits closely over your nose or one that has a nose wire to limit fogging



Do not put on children younger than 5 years old or the age specified by the national public health authority.

DO wear a mask that:

- Covers your nose and mouth and secure it under your chin
- Fits snugly against the sides of your face

For more information, visit our [How to Wear Masks](#) web page.



How NOT to wear a mask:

✗ Around your neck



✗ On your forehead



✗ Under your nose



✗ Only on your nose



✗ On your chin



✗ Dangling from one ear



How to take off a mask:



1 Carefully, untie the strings behind your head or stretch the ear loops



2 Handle only by the ear loops or ties



3 Fold outside corners together



4 Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing