



GENERAL INFORMATION

(Presented by the Secretariat)

1. Place and date of the event

The first **ICAO/LACAC NAM/CAR/SAM Capacity Building Workshop on Economic Regulation and Oversight** will be held under the auspices of the Civil Aviation Authority of Panama, in Panama City, from May 21 to 23, 2024.

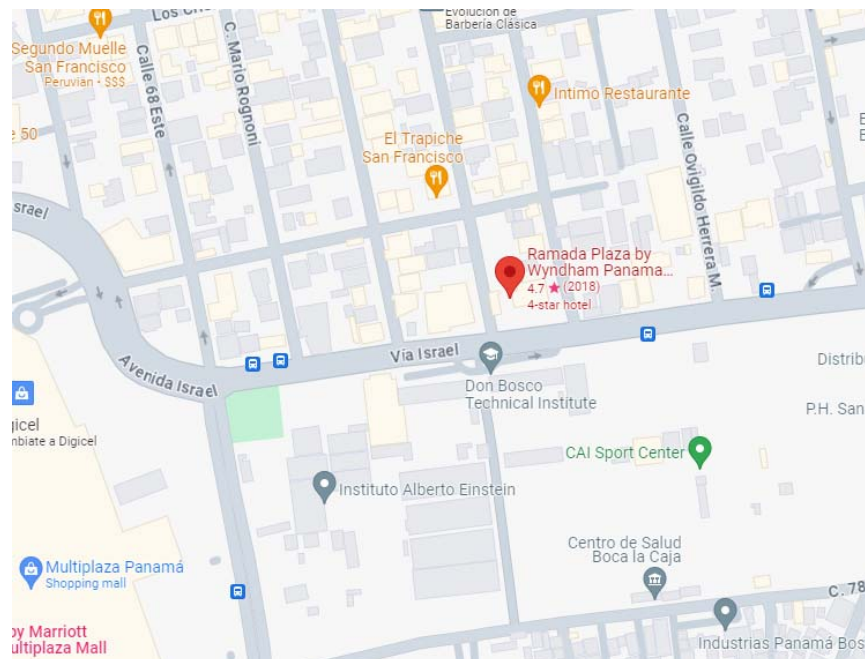
2. Venue of the event

Hotel Ramada Plaza by Wyndham

Address: Vía Israel and Calle 71 Este, San Francisco, Panama City

Phones: +507 322-0000

Web: <https://wyndhamhotels.com>



3. Registration of Participants

Participants must register in advance using the form found in the following link: <https://forms.office.com/r/Gp73ctivne>. The deadline of the registration is **10 May 2024**. There will be a later record of the delegates on May 21 at the Ramada Plaza by Wyndham Hotel, from 08:30 to 09:00 hours.

4. Opening of the event

The opening session will be on May 21 at 0900 hours at Hotel Ramada Plaza.

5. Documentation link and languages

The event will be held in Spanish and English with simultaneous interpretation service.

The documentation for the event will be published at:

ICAO NACC Regional Office:

<https://www.icao.int/SAM/Pages/MeetingsDocumentation.aspx?m=2024-AT-CAPACITYBLDG&t=1>

ICAO SAM event webpage at the address:

<https://www.icao.int/SAM/Pages/MeetingsDocumentation.aspx?m=2024-AT-CAPACITYBLDG&t=1>

Participants should check the website frequently to be updated on the documentation for the meeting. There will be no hard copies available for distribution.

6. Temperature

During the month of May, the weather in Panama City is characterized by the beginning of the rainy season, with daytime temperatures ranging between 30°C (86°F) and 35°C (95°F). Humidity is high throughout the year, which contributes to the feeling of heat.

7. Money exchange

The national currency is the Balboa, which is equivalent to the US dollar, given that Panama is a country with a fully dollarized economy.

It is advisable to always make the exchange in authorized Hotels, Banks and Exchange Houses. Local business does not accept foreign currency.

8. Credit cards

International credit cards are usually accepted in hotels, shops and restaurants: Visa, MasterCard and less frequently Diners Club and American Express.

9. Accommodation

Below is a list of the venue hotel and nearby hotels

HOTEL	CONTACT	ADDRESS	DISTAN CETO THE VENUE	RATEE PER NIGHT (USD)*
RAMADA	Telephone: (+507) 322-0000 info@ramadaplazapanama.com	Villa Israel and Calle 71, San Francisco, Panama	Venue hotel	132.00
HILTON	Telephone: (+507) 280-8000 6998-5825 Contact: Eliana Onsalo Email: Eliana.onsalo@hilton.com	Balboa Avenue and Aquilino de la Guardia Street, Panama.	13 min by car	286.00
COURTYARD BY MARRIOTT PANAMA MULTIPLAZA	Telephone: (+507) 3010101 https://www.marriott.com/en-us/hotels/ptycy-courtyard-panama-multiplaza-mall/overview/	Mall Multiplaza Pacific	4 min by car	150.00
RIU PLAZA	Telephone: (+507) 378-9000 282-0420 Email: sales.pan@riu.com	Calle 50 and 53 East, Marbella Bellavista, Panama	7 min by car	125.00
SHERATON GRAND PANAMA	Telephones: (+507) 305-5100 6560 reservations@sheratongrandpanama.com	Via Israel and Calle 77, Panama.	3 min by car	131.00
INTERCONTINENTAL MIRAMAR	Telephone: (+507) 206-8888 Email: miramarpty@miramarpanama.com	Balboa Avenue, Panama	10 min by car	173.00
MARRIOTT PANAMA HOTEL	Telephone: (+507) 307-0245 6114-8897 Contact: Deisy Andreve Email: dandreve@marriottpanamahotel.com	Next to Albrook Mall, Roosevelt Avenue, Panama	23 min by car	110.00
SOFITEL LEGEND CASCO VIEJO	Telephone: (+507) 302- 4300 Email: info.legendpanama@sofitel.com	San Felipe, Casco Viejo, Panama	20 min by car	268.00

*Room rate per night subject to change and hotel conditions

10. Transport

A list of recommended taxis from the airport can be obtained at the following link <https://www.tocumenpanama.aero/index.php/transporte-terrestre/taxis>.

11. Hospitals/ Clinics

If necessary, the following Hospitals and Clinics are recommended:

Hospital	Telephone	Address
PAITILLA	(+507) 265-8800	Avenida Balboa and Calle 53- Paitilla, Panamá
THE PANAMA CLINIC	(+507) 310-111	Ramón Jurado Street, Pacific Center Tower B
PACIFICA SALUD	(+507) 290-7200	Town Center, Costa del Este
HOSPITAL NACIONAL	(+507) 307-2102	Cuba Avenue and 39th Street, Panama
HOSPITAL SANTA FE	(+507) 360-7400	Avenida Simón Bolívar, Panama

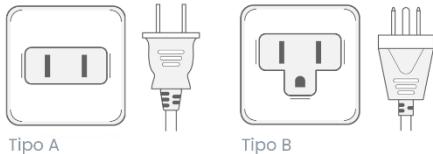
The emergency service (AMBULANCES) can be contacted at 911.

12. Commercial hours

The trade in general is open from Monday to Friday with continuous hours from 09:00 to 19:00. Shopping centers (malls) and large stores are Open Monday to Sunday from 10:00 a.m. to 7:00 p.m. Bank hours are from 09:00 to 15:00hours, Monday to Friday.

13. Electricity

110V / 60Hz. Plugs are of two or three plugs (type A and B).
Is recommendable bring an adapter if necessary.



14. Airport Departure Tax

The Tocumen International Airport charges a fee of \$40.00 per person to travelers who leave the country through this air terminal; this cost is charged at the time of purchasing the air ticket from the airline or from the travel agency.

15. Medical insurance

Participants **must have medical insurance with coverage in Panama** , since neither ICAO or the Host are in a position to cover these types of expenses.

16. Travel documents

Travel requirements can be reviewed on the page <https://www.tourismpanama.com/plan-your-vacation/advisories/>

17. Tips and Taxes

The recommended tip in restaurants is 10% of the expense incurred. In general, the tip is suggested at the

end of the bill and it is voluntary. In transportation (cabs or others) it is not customary to tip drivers, leaving it to the passenger's discretion.

Sales and services are subject to ITBMS tax which is currently 7%. Usually, is only included at the final bill (not the price tag).

18. Safety recommendations

Safety recommendations are common to all cities, such as carrying only the necessary money, not to unnecessarily display valuable jewelry, cameras, and cell phones. For transportation, the use of formal public transportation (cab) is recommended.

19. Contact AAC Panama

Eng. Gilda Espinosa, Director of the ISFPA.

gilda.espinosa@aeronautica.gob.pa

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